

Memorization Guidelines for Pianists

Securing the Intellectual, Aural, Visual & Tactile Aspects of Performing

- 1. Discover the harmonic and melodic structure phrases, sections, modulations, etc. for *intellectual* memory.
- 2. Begin memorizing by working one phrase at a time-with the music, without the music, back and forth-until you start to "get it".
- 3. *Memorize the sound* of the music. Think through the piece; however, have the score handy so that you can look up any memory slips.
- 4. *Memorize the sight* of both the page and your hands on the keys.
- 5. *Memorize the feel* of the keys in patterns under your fingers, eyes closed or staring off, away from the score or your hands.
- 6. When playing from memory, if you become stuck, immediately look up the passage in the score, but look back down or away from the score to play.
- 7. Once you're able to get through the piece without the score, decide on and number various "starting places." Then practice beginning at these starting places, at random, from memory.
- 8. When playing through from memory keep your focus on what the music is supposed to sound like, rather than any accidental miss-played notes.
- 9. On passages with the melody in one hand, to learn the accompanying-hand part thoroughly, play both hands from memory, but "shadow" the melody hand (play very lightly, barely pressing down the keys) and listen very carefully to the accompanying part.
- 10. In order to make sure you know *every* note, without using "muscle memory," play through super slowly, one note at a time (1 second on each note or chord) from memory. For young students, instead of 1 second on each note, play at half-tempo.
- 11. We frequently are looking at one hand at a time, and this becomes a part of our memory; however, one time only, play while looking at the hand you're not accustomed to watching, so that if that happens accidentally in a performance, it won't be as distracting or uncomfortable.
- 12. After the music is memorized, be sure to sometimes go back and play with the music, looking for things in the score you may have missed.
- 13. If a memory slip occurs in a performance, always jump forward, rather than back. This is when those "starting places" are useful. This must be practiced, so be sure to do this during run-throughs as recital time nears.
- 14. If you have a memory slip during the last run-through before the performance, be sure to fix it-look it up and play the passage again *from memory*-or it could likely happen again on stage!
- 15. Memorizing the music is one thing; *performing* from memory requires another skill *being present* Practice *being present* throughout your day, in many situations. Also, there's great power in your imagination and your intent *imagine* being totally focused, confident, and enjoying performing!